

The Authentic Leadership Worksheet— Valuing Relationships that Matter

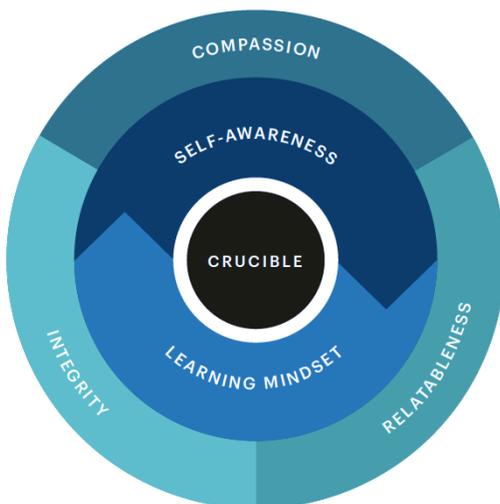
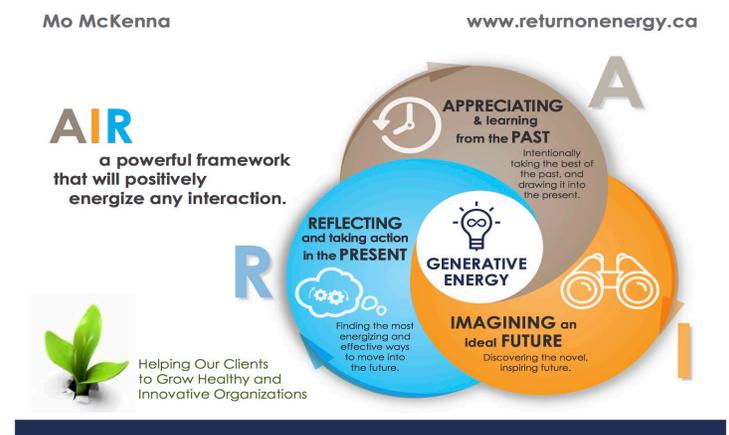
A companion worksheet for *The Crucible's Gift*

How to think about this worksheet

Here is what this worksheet is all about. **You!** It is about you appreciating and reflecting on relationships that hold value and lift you up, not relationships that break you down.

This worksheet is about you exploring examples of excellence in past relationships. What was it about you in those relationships that brought out the very best?

This worksheet uses Appreciative Inquiry, to guide you through the journey to grow your Authentic Leadership capacity (from the book *The Crucible's Gift*), starting with the concept of relatableness.



How to get the best from this

There is strength in a community as it helps to provide you with purpose and support. As you walk through the worksheet, I encourage to grab 2-3 other individuals that you believe would benefit from these questions. If you do not have a support group, please head over to the [Crucible's Gift Facebook Page](#). It is a safe place to share and receive support.



Reflect & Take Action

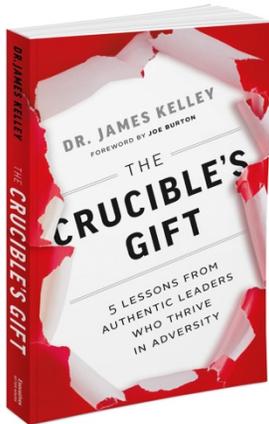
Outcomes Three Months from now, what outcomes would tell you that you are moving towards embracing and strengthening relationships close to you?	Purpose Why are these outcomes important for you and those closest to you?	Actions In the next 45 days, what 1-3 actions would move you in a positive direction towards these outcomes.

Practical Takeaways

1. Read-up on the teachings of Dale Carnegie ([click here to grab the book](#)). He is a legend and his interpersonal philosophies are timeless.
2. Interest begets interest: When we genuinely care about someone, it comes through in the questions we ask. Your curiosity in another fosters trust and builds the foundation for a deeper relationship.
3. Get off the tech: When someone you care about is trying to engage in a meaningful conversation, put down the phone. Step away and put your hands up. Alternatively, listen with intent.



To get more practical takeaways, head over to Amazon and grab a copy of The Crucible's Gift.



If you like this companion worksheet, but do not have The Crucible's Gift book, [click here to order it from Amazon](#).

Or, ask me about the full Authentic Leadership Workbook.

james@drjameskelley.com

www.drjameskelley.com

+971 54 370 1522

Skype: jbkelly